



Beaches

*there's still time
to get one last trip in*

free!

dog heaven

take your pooch for a romp
at this special spot just for him

GOAL!

get your
kicks with the
Carolina RailHawks

august 2015



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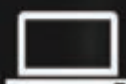
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The sad music is just around the corner. And just like those commercials where the dejected children wander around as their parents joyfully buy school supplies, we are all a little astonished to announce that summer is almost officially over.

But because we are eternal optimists here at "Go Magazine," we have come up with some fun ways for you to

say adios to summer.

Of course, we wanted to remind you that there is still time to go to the beach, so this month we have planned a trip over to Wrightsville Beach for an afternoon of sun and sailing.

And if you want to see the beach and learn a little North Carolina history at the same time, our Beaufort bike tour might be just the ticket.

For those who have a furry member of the family, we have found a wonderful spot to take your pooch — right down the road.

And if you have been jealous of all the fun soccer fans seem to have, we have included an

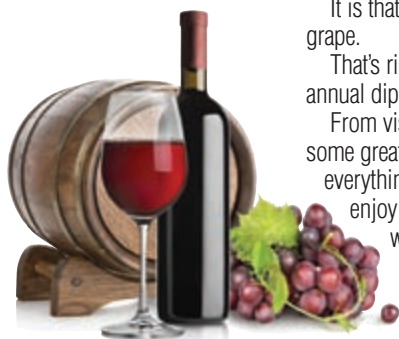
introduction to your own team located right here in Raleigh — the Carolina RailHawks.

Of course, we have also mixed in a little history, some eating and a few recipes for that end of summer corn, along with a bunch of ideas for some family fun, so join us as we say goodbye to summer with a smile on our faces.

Don't worry, summer will be back before you know it.



Coming in the September issue of "Go!" The wine issue



It is that time of year when we go grape.

That's right, it is Go Magazine's annual dip into everything wine.

From visits to the local wineries to some great things to do with grapes, everything you need to know to enjoy a nice white or a bold red will be in our September issue.

But wine won't be the only feature in next

month's issue. It will be time to get ready for the opposite end of the foodie spectrum — the time when cotton candy, funnel cakes and turkey legs move into the gourmet category.

That's right, it is almost time for the Wayne County Regional Agricultural Fair.

We will help you get ready for the annual hoedown and get some tips from fair veterans about what's new this year.

And we also have a special treat planned.

Want to get a look at where your governor lives? Well, we got our own tour. We will take you along in next month's edition.

And those are just a few highlights. You can bet we have more surprises ahead.

See you in September.



Renee Carey
"Go!" editor

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august contents



10

Enjoy The Crystal Blue At Wrightsville Beach

Wrightsville Beach has everything and would be a great place to mark summer's last days.

14

History's Mystery

For more than 78 years, the story of a group of English settlers who came ashore in North Carolina 450 years ago.

20

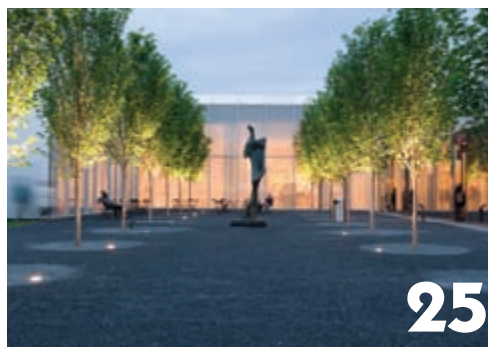
The Hawks' Nest

Meet the RailHawks — the pace is fast, the atmosphere electric and the game — one of the world's most popular.

25

Art And A Park

The N.C. Museum of Art's garden includes more than just art for the eye of the beholder. It is a place to enjoy the beauty of the outdoors as well.



33

Paw-sitively Playful

There's nothing like the chance to play in the park — and in Kinston, fun has definitely gone to the dogs.



10

ON OUR COVER



Beaches.....	10
Dog Heaven.....	33
Goal!.....	20



august 2015

12

months

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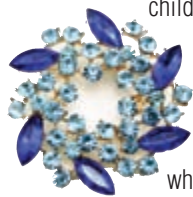
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August 3

SUMMER ART CAMP WEEK 8 will be Aug. 3 through 6 at the Arts Council of Wayne County for children ages 5 through 12. In Cool Jewelry with instructor Dan Halliday, participants will be recycling vintage items into beautiful jewelry. They will learn about design and jewelry making techniques while creating their very own jewelry items. All About Abstracts with instructor Genevieve Vance is about doing what moves you. Participants will work with wire, wood, nylon and paint to create a unique abstract sculpture. They'll also work on a group project for display at the Arts Council. Cost is \$85, which includes all supplies. Information and registration: 919-736-3300.



HIP HOP DANCE CAMP will take place Aug. 3 through 6 from 6:30 to 8:30 p.m. at 110 N. James St., presented by Legacy Dance Project. There will be two times for beginners and advanced dancers. The camp is for all ages. Information: 919-738-3772.

BACKYARD BIRDING will be held from 6:30 to 7:30 p.m. at the Wayne County Public Library. Eastern North Carolina is home to some of the most beautiful and beloved songbirds in the United States. Learn how to attract new feathered friends to your yard and have fun identifying and feeding them. Free. Information: 919-735-1824.



August 4

3, 2, 1 BLASTOFF WITH 4-H ROCKETS 4-H SUMMER ART CAMP will be held from 9 a.m. to 3 p.m. at the Wayne Center for ages 9 through 13. Cost is \$10. Participants will learn how to design, build and launch air powered model rockets. They will learn the forces of flight, have fun with new designs of paper airplanes, work with straw rockets and build a rocket out of recycled materials that will be launched more than 100 feet into the air. Take a bag lunch. Information and registration: 919-731-1527.



BEAT THE HEAT MOVIE TIME will take place at Steele Memorial Library Aug. 4 and 11 from 3 to 5 p.m. Make plans to cool off at the library and watch a good movie. Refreshments will be provided. Free.

August 5

EXPLORING THE NATURE CENTER 4-H SUMMER CAMP will be from 9 a.m. to 3 p.m. in Kinston for ages 9 through 12. Cost is \$10. Participants will explore the Nature Center and discover the underground cave to a giant replica of a mouth and digestive system. Take a bag lunch. Information and registration: 919-731-1527. Refreshments will be provided. Free.

August 6

CENTER STREET JAM will take place at 6 p.m. in the John Street parking lot behind The Flying Shamrock. The free concert will feature Band of Oz. Vendors will be selling food and drinks. Information: 919-735-4959.

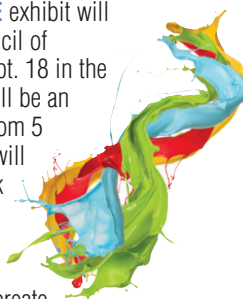
EXPLORING THE BODY SYSTEMS 4-H SUMMER CAMP

will take place from 9 a.m. to noon at the Wayne Center for ages 5 through 8. Cost is \$5. Participants will learn how the different body systems work together. They will also learn about the brain, skin, circulatory system, respiratory system, digestive system, muscular system and skeleton. Information and registration: 919-731-1527.



August 7

THINGS THAT MOVE ME exhibit will take place at the Arts Council of Wayne County through Sept. 18 in the TALoving Gallery. There will be an opening reception today from 5 to 8 p.m. This fun exhibit will showcase all of the artwork that has been done at the summer art camps. Children will have worked with 13 different instructors to create multiple masterpieces over an eight-week period. Free. Information: 919-736-3300.



FIRST FRIDAY will be held from 5 to 8 p.m. at the Arts Council of Wayne County. Looking for something fun and relaxing to start off your weekend? Stop by First Friday for refreshments, exhibits, art, live music and much more. Meet the studio artists and shop the Art Market. Free. Information: 919-736-3300.

August 11

MAGIC OF ELECTRICITY 4-H SUMMER CAMP will be held from 9 a.m. to 3 p.m. at the Wayne Center for ages 9 through 12. Cost is \$15. Participants will learn about electricity and how to solder and put together an electric kit to take home. Take a bag lunch. Information and registration: 919-731-1527.



TEEN GAMING NIGHT will take place from 5 to 6 p.m. at the Wayne County Public Library. Teens can hang out and play video games, board games and card games. Free. Information: 919-735-1824.



August 13

OPEN MIC NIGHT will take place from 6:30 to 8:30 p.m. at the Arts Council of Wayne County, featuring talents of music and spoken word by local residents. Free. Information: 919-736-3300.

4-H FAIR CRAFT DAY 4-H SUMMER CAMP will be held from 9 a.m. to 3 p.m. at the Wayne Center for ages 9 and older. Cost is \$20. Participants will make something to enter into the county fair, such as stained glass, duct tape pock-etbooks/wallets, crayon art and decorated cakes. Take a bag lunch. Information and registration: 919-731-1527.



GUYS READ will be held Aug. 13 and 27 from 7 to 8 p.m. at the Wayne County Public Library for guys in grades three through five. Snacks will be provided. Information: 919-735-1824.

August 14

GEEKS AND GAMERS FESTIVAL will take place from 2 to 4 p.m. at the Wayne County Public Library. Celebrate the end of summer with an afternoon of nonstop gaming. There will be XBOX, XBOX 360, PS3 and Wii, as well as board games and a minute-to-win-it tournament. Refreshments will be provided. Free. Information: 919-735-1824.



August 15

SUMMER SHAKESPEARE WORKSHOP

will be held from 1:30 to 4:30 p.m. at StageStruck with music director Angela Santucci. The workshop teaches students how to break down the language in Shakespeare's plays, how to prepare a Shakespearean monologue for audition and how to perform Shakespeare scenes in fun and exciting ways. There will also be a focus on the plot and characters of "A Midsummer Night's Dream." Cost is \$35. Information: 919-736-4530.

FIRST LEGO LEAGUE TRAINING will take place from 9 a.m. to 2 p.m. at Tommy's Road Elementary School for those interested in forming a league. The First LEGO League is for children ages 9 through 14 and the Junior First LEGO League is for children ages 5 through 9. There will be workshops on robot programming, robot design, core values and team projects, demonstrations and a question and answer period. Experienced First LEGO League coaches will share their expertise to help teams prepare for the 2016 competition. Lunch will be available for purchase. Information: Anne Finch at dfinch@esn.net or Laura Alley at ljalley@bell-south.net.

BACK TO SCHOOL TALENT SHOW will be held from 2 to 4 p.m. at the Wayne County Public Library. Discover some homegrown talent and see some of the county's most talented children perform. Free. Information: 919-735-1824.

August 18



BACK TO SCHOOL CELEBRATION

will be held from 7 to 8 p.m. at Steele Memorial Library in Mount Olive. It's time to think about going back to school. Come and celebrate with fun activities and games, as well as a discussion about some good books you should read this school year. Free.

BECOMING A FOSTER PET PARENT will take place from 6:30 to 7:30 p.m. at the Wayne County Public Library. Do you have room in your heart and home to take in a needy animal and help it find a loving forever home? Learn how you can become a foster caretaker for rescued dogs in Wayne County. Free. Information: 919-735-1824.



August 19

4-H FUN FIELD DAY 4-H SUMMER CAMP will take place from 9 a.m. to 3 p.m. at the Wayne Center for ages 8 through 12. Cost is \$10. Participants will have relay races, egg and spoon races, sock races, three-legged races, water balloon tosses, obstacle courses and more. Take a bag lunch and clothes or a swimsuit to change into before or after playing the water games. Information and registration: 919-731-1527.



August 20

CENTER STREET JAM will take place at 6 p.m. in the John Street parking lot behind The Flying Shamrock. The free concert will feature Digger Foot. Vendors will be selling food and drinks. Information: 919-735-4959.

28TH ANNUAL MICHAEL MARTIN GOLF TOURNAMENT will take place with 8:30 a.m. and 1:30 p.m. shotgun starts at Southern Wayne Country Club. The tourney is held each year in memory of North Carolina highway patrolman Michael Martin, a University of Mount Olive alumnus, who was killed in the line of duty. Stevens Sausage will serve breakfast from 7:30 to 8:30 a.m. McCall's Barbecue and Seafood will cater lunch. There will be a silent auction. The entry fee is \$80 per player or \$320 per team, which includes cart, food and beverages. Information: Neil Price at 919-738-7072.



August 21

UNITED WAY KICKOFF BENEFIT CONCERT

will take place at 7:30 p.m. at the Paramount Theatre. It will feature Stephen Freeman: Award Winning Elvis Tribute Artist. Freeman is from Thomasville, but currently lives in Winston-Salem. He was a former police officer and private investigator before starting his Elvis tribute in 1998. He has performed in theaters all over the country and on cruise ships. He was recognized by Elvis Presley Enterprises Inc. as the Elvis Tribute Artist Fan Vote Poll Winner in 2010 and 2011. In December 2011, Freeman was



named Tribute Artist of the Year by the Country Music Association. He was selected to perform on the official Elvis Cruise in 2012. Tickets are \$22 for general admission and \$37 for VIP meet-and-greet tickets, available by calling 919-583-8432 or online at www.goldsboroparamount.com.

PNC PRESENTS WAYNE COUNTY JAZZ SHOWCASE

will take place from 7 to 9:30 p.m. at the Arts Council of Wayne County. It will feature jazz musicians, accompanied by the Eric Xavier Band with Eric on saxophone, Jasmine Best on drums and Christian Dashiell on bass. Free. Information: 919-736-3300.



August 22

BIG CAT KIDS CATFISHING DERBY will take place from 8 to 10 a.m. at Goldsboro Municipal Golf Course. Children 5 through 15 can enjoy a day of fishing and win prizes. Lunch will be provided. Free. Information and registration: 919-739-7484.

August 24

HOW TO SET UP A FRESHWATER TANK

will take place from 6:30 to 7:30 p.m. at the Wayne County Public Library. This workshop will teach you how to set up a tank the proper way. Free. Information: 919-735-1824.



August 28

UNIVERSITY AND COMMUNITY WELCOME NIGHT

will be held for students and the community. There will be a picnic dinner on the Murphy Center lawn at 6 p.m., a performance by Majesty Rose on the Murphy Center lawn at 7 p.m. and a movie on the Pope Wellness Center lawn at 8:30 p.m. to welcome students to the Mount Olive community. All events are free and open to the community. Information: Emily Schneider at 3schneider@umo.edu.





BACK
TO
SCHOOL



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coming to dpac durham performing arts center

Lyle Lovett

Aug. 18 • 7:30 p.m.

Singer, composer and actor Lyle Lovett returns for his fourth appearance at DPAC.

Lovett has evolved into one of music's most vibrant and quintessential performers. Coupled with his gift for storytelling, the Texas-based musician fuses elements of country, swing, jazz, folk, gospel and blues in a convention-defying manner that breaks down barriers. He has helped broaden the definition of American music in a career that spans 14 albums.

His many accolades include four Grammy Awards, Americana Music



Association's inaugural Trailblazer Award, and being named the Texas State Musician. Lovett has appeared in 13 feature films, and on stage and television.

Tickets are \$59.18-112.90 and can be purchased online at DPACnc.com, Ticketmaster.com or at the DPAC Ticket Center, in person or by phone at 919-680-2787.

The Temptations

Aug. 29 • 7:30 p.m.

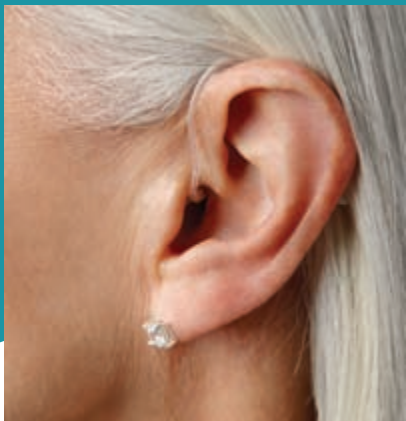
The Temptations are the quintessential Motown vocal group. The quintet offered a rich blend of voices accompanied by stylish, coordinated dance moves. Songs like "My Girl", "Ain't Too Proud to Beg" and "Papa Was a Rolling Stone" gave the Temptations the title of the emperors of soul. Representing the gilded age of soul music, the Temptations reign supreme.

The Four Tops are one of soul music's most popular and long-lived vocal groups. This quartet from Detroit performs such classics as "Baby I Need Your Loving," "I Can't Help Myself," "It's the Same Old Song," "Reach Out I'll Be There," "Standing in the Shadows of



Love" and "Bernadette." Between 1964 and 1988, the Four Tops made Billboard's Hot 100 chart 45 times and its R&B chart 52 times. Twenty-four of their singles made the Top 40, and seven of those entered the Top 10.

Tickets are \$45-85 and can be purchased online at DPACnc.com, Ticketmaster.com or at the DPAC Ticket Center, in person or by phone at 919-680-2787.



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By the seashore



A lone vacationer enjoys the sun and surf on Wrightsville Beach's wide expanse of beach. Wrightsville is one of North Carolina's oldest beach resort towns.

Enjoy the crystal blue at Wrightsville Beach

The days are dwindling fast, but there is still time to hop in the car for one more beach trip this season. Wrightsville Beach has everything — accessibility and fun for the entire family — and would be a great place to mark summer's last days.

This summer, enjoy an island vacation without the passport.

Wrightsville Beach is North Carolina's most accessible beach and is known for its crystal blue waters, spacious beach and lush greenery. With an array of water sports and a vibrant social scene, there's never a shortage of something happening year-round in this beautiful beach town.

Whether kayaking or paddle boarding, taming the area's world-class surf, reeling in a prize-worthy fish, or just enjoying the spectacular views during an evening harbor cruise, you will find plenty to do at this vacation dream spot only a few miles from Wilmington and Interstate 40. Kid-friendly adventures abound and hotel resorts offer programs for children of all ages.

Take an eco tour or paddleboarding lesson, jog around the island's 2.45-mile scenic loop, or learn how to surf. Hotel resorts offer kids' camps and programs including scavenger hunts, sand castle building contests and more. Hunt for buried treasure aboard a pirate-themed cruise, or visit the Coastal Education Center offering kid-friendly programs.



The tree-lined street of downtown Wrightsville Beach manages to capture both old and modern architecture and still gives visitors the feel of a village.

The island heats up with signature summer concerts, surfing competitions and fishing tournaments. Check out these summer highlights and book your vacation now to get in on North Carolina's best beach action.

The town consists of a four-mile-long beach island and an interior island called Harbor Island.

From sunning on the beach to boating on the Intracoastal Waterway, there's plenty of ways to take it easy in Wrightsville Beach. Fill your days and nights with quiet relaxation or explore a variety of outdoor adventures or island shops.



Fishermen on Johnnie Mercer's Pier wait patiently for a bite. The pier extends for 1,200 feet into the Atlantic Ocean and is the only concrete pier in the state.

Here's how you get there

- Take U.S. 117 South to Interstate 40 East.
- Once you reach Wilmington, turn left onto the Martin Luther King Jr. Parkway and go about six miles.
- Cross over the Intracoastal Waterway via a drawbridge and you're there!



A stack of inflatables, topped by an American flag, stands in front of one of the town's storefronts, just off the main beach.

story continues on page 11

Story and photos by Dennis Hill



This view from Johnnie Mercer's Pier shows vacationers enjoying the wide expanse of sand at Wrightsville Beach.

Enjoy the crystal blue at Wrightsville Beach

story continued from page 10

The athletic at heart can take on the Loop, a fitness trail that circles the inner island. Bargain hunters gravitate to the beachside stores and distinctive, welcoming shopping village. Boaters launch from full-service marinas, and history buffs soak up the local museum and narrated scenic cruises along the Intracoastal Waterway that offer a glimpse into the island's past.

It's easy to find something to do at Wrightsville Beach year-round — enjoy the white sandy beach, bike the fitness trail, explore wildlife on nearby Masonboro Island, or go fishing. Visit great shopping spots at a variety of beach boutiques, surf shops and nearby open-air villages. A small history museum and waterbird sanctuary, and narrated harbor cruises, to unique events like one of the top triathlons in the world to the annual holiday flotilla, all enhance this coastal experience.

And you'll find plenty of nightlife to keep you busy long after the sun goes down. From grills and beach taverns to restaurant lounges serving fresh catch-to-table seafood, there are plenty of spots to relax.

Johnnie Mercer's Pier is the only concrete fishing pier in the state of North Carolina. Located in the heart of Wrightsville Beach and extending over 1,200 feet into the Atlantic Ocean, the pier is a must for anyone visiting the area.

Meanwhile, the Oceanic restaurant, which



Youngsters ride bicycles along the street in downtown Wrightsville Beach. The streets and sidewalks are enjoyed by bikers, joggers, skaters and people just out for a walk.

overlooks the Atlantic, offers both fresh seafood and breathtaking views. The Crystal Pier attached to Oceanic provides great outdoor seating and sets the stage for outdoor music when the weather permits.

Wrightsville has a long and storied history. The island's first structure was the Carolina Yacht Club, built in 1853. A train track was built in 1888 from the mainland to Harbor Island to the exterior island along the beach, which boosted development.

Shortly after the turn of the century, the train was converted to electric streetcars. The most significant structure on the island was the large dance floor and entertainment center, the Lumina Pavilion, which opened in 1905. In its heyday, it attracted numerous entertainers, including most of the famous Big Bands. Cars were finally allowed on the beach in

story continues on page 12



Lifeguard Josh Drew, 23, scans the shoreline for any signs of trouble. Swimming in the ocean is closely monitored by a team of lifeguards positioned along the seashore.

And now, a little bit about the olden days

Even before Wrightsville Beach was incorporated as a town, those who came over by boat to their cottages by the sea enjoyed it as a beautiful place to spend the summer.

Originally known as Ocean View Beach, the town was incorporated in 1899 as Wrightsville Beach, in honor of the Wright family of Wilmington. Accessibility to the beach improved in 1887 when the Shell Road — now Wrightsville Avenue — was completed.

Wilmington Seacoast Railroad Co. built rail transportation, known as the "Beach Car" from downtown Wilmington all the way to the "Hammocks" (Harbor Island) with a foot-bridge to Wrightsville Beach.

In 1889, the rail line was extended across the Hammocks and onto the barrier island where it then ran southward along a route which is now South Lumina Avenue. Until the automobile era, the "Beach Car" was the lifeline to Wrightsville Beach.

On July 4, 1907, 8,700 passengers traveled to the beach by rail. At the end of the rail line was Lumina Pavilion, built in 1905 by the Tidewater Power Co.; Lumina was constructed on 200 feet of ocean frontage at Station 7.

story continues on page 12





A sailboat cruises the Intracoastal Waterway between Wrightsville Beach and the mainland.

Enjoy the crystal blue at Wrightsville Beach

story continued from page 11

1935, hastening the demise of the beach trolley, which last ran in 1940. The Lumina closed in 1973.

Today, this quaint and walkable island still offers a village-like feel and a variety of places to make your home away from home, including three full-service hotels and resorts with daily kids' activities and camps to independently owned motels, vacation rentals and cottages. Step out onto your balcony and breathe in the fresh ocean air in a place so magical the sun both rises and sets over the water.

A small history museum, narrated harbor cruises, a waterbird sanctuary and unique events enhance the coastal experience. ■



An artist's rendering of the old Lumina, the scene of nightlife in Wrightsville for decades.

Twirling for history

Lumina Daze returns on Sunday, Aug. 30, from 5 to 9 p.m. at the Blockade Runner Beach Resort, 275 Waynick Blvd., Wrightsville Beach.

This evening of fun music and dancing will benefit Wrightsville Beach Museum and celebrates the glory days of the 1930s dance scene at Wrightsville Beach.

Music will be provided by Wilmington Big Band, Buddy Skipper and the Jetty Jumpers with Carey Patterson and Pug West, and Dixieland All-Stars. New this year is a live auction in addition to the popular silent auction. Silent auction items will include a wide assortment of fine art, services, and specialties from local businesses. Some of the live auction items are a vacation cabin in the Blue Ridge Mountains of Virginia, an Elvis Presley impersonator for your private party, lunch for two with a local author, a private evening sail, and a painting by Wilmington artist George Pocheptsov.

Stroll through areas with presentations on themes relating to Wrightsville Beach history. Upper Deck Reunion is in the works with memorabilia of the last manager of The Upper Deck, Jack Lane.

For more information on Lumina Daze, call the museum at 910-256-2569 or email wbmuseum@bizec.rr.com. Tickets are \$15 — available in advance and at the door.



This boat slip along the sound side of the island is flying colorful flags. The interior shoreline of the island is dotted with boat slips, where vessels of every shape and size are moored.

And now, a little bit about the olden days

story continued from page 11

Lumina's 12,500-square-foot complex presented visitors with three levels of games and activities and a magnificent dance hall.

The Great Fire of 1934 destroyed more than 100 buildings on Wrightsville Beach. In 1935, the trolley era gave way to the automobile. Hurricane Hazel hit Wrightsville Beach, at high tide and with a full moon, on Oct. 15, 1954, destroying about 200 houses and damaging 500 more.

A new era began in the 1960s as Wrightsville Beach rebuilt after Hurricane Hazel. Currently, there are 2,604 year-round residents, with the population swelling to 45-50,000 in the summer months.

— Information courtesy of the Wrightsville Beach Museum. Want to know more about the beach since the 1960s? Click on www.wbmuseumhistory.com.

Your ticket to history

- Admission cost is \$30 for adults; \$28 for seniors 62 and older; children ages 6-12 \$10; teens ages 13-18, \$25; groups of 10 adults or more, \$25 each. Children age 5 and younger are admitted free of charge. All tickets are subject to a state admissions tax which will be added on at the end of the sale. All prices also include a \$2.50 per ticket processing fee.

- All tickets will be held at the ticket office for pick-up the day of the show after noon. No worries about forgetting them; just come to the theater with your ID and the staff will take care of the rest. Tickets are never mailed.

- The show starts at 7:30 p.m., seating begins at 7 p.m. The lobby areas open at 6. Officials suggest you arrive at least a half hour

prior to curtain. The show runs approximately two hours with an intermission. Dress comfortably. Remember, you are outdoors, so a light jacket is a good idea to have handy.

- Officials advise that you purchase your

tickets in advance to ensure preferred seating. If you wait until the night of the performance they cannot guarantee seats will be available.

- A performance may be canceled because of rain or other atmospheric or weather conditions which might make it unsafe to continue. If a performance is officially canceled, an announcement to that effect will be made. Tickets for a canceled performance will be honored as rain checks and can be exchanged for any subsequent performance during the season. Rain insurance is available at an additional cost when purchasing tickets and entitles the patron to a refund of the ticket price excluding the processing fee. Refunds are only given if insurance has been purchased. If

patrons leave of their own volition and the show is not canceled, no rain checks or refunds will be given. Rain insurance is \$3 per ticket and may be purchased along with your tickets.



This portrait is of the daring sea explorer Sir Walter Raleigh, whose dream was to colonize the New World.



Queen Elizabeth is portrayed in the "The Lost Colony" as the ruling monarch of England, who was interested in expanding her empire into the New World.

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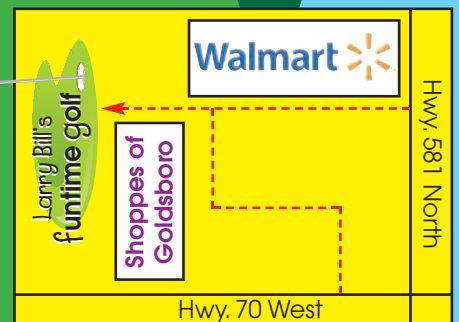


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This view of the outdoor drama "The Lost Colony" captures the mood of an evening performance beneath a colorful sunset.

History's mystery



For more than 78 years, thespians have told the story of a group of English settlers who came ashore in North Carolina 450 years ago — and disappeared. Even today historians still wonder what ever became of 'The Lost Colony.'

It is North Carolina's most enduring mystery.

What happened to the Lost Colony?

After more than four centuries, the question continues to stir mystery and emotion. And nothing keeps the story alive like the outdoor symphonic drama that portrays what life might have been like for those early English colonists, whose disappearance has mystified historians for hundreds of years.

"The Lost Colony" was written by Paul Green and first performed in 1937 in an outdoor theater on the original site of the colony on Roanoke Island in the Outer Banks near Manteo. It has enthralled thousands of visitors ever since and has even been the recipient of a Tony honor for excellence in the theater.

Green, who had won a Pulitzer Prize in 1927 for the first of his several Broadway plays, was a natural to write the play. Steeped in North Carolina history and lore, he had dreamed of writing a play about the Roanoke colonists since his college days in the early 1920s. The play is based on accounts of Sir Walter

Raleigh's attempts to establish a permanent settlement on Roanoke Island, in what was then part of the colony of Virginia.

In July of 1587, 117 English men, women and children came ashore on Roanoke Island with a commission from Queen Elizabeth I to establish a permanent English settlement in the New World.

Just three years later in 1590, when English ships returned to bring supplies to the settlement, they found the island deserted with no sign of the colonists except the single word "CROATOAN" carved into the surface of an abandoned structure and the letters "CRO" scratched into the bark of a tree.

After almost 450 years, the mystery of what happened to the colonists remains unsolved.

During summer evenings, time turns back to the 16th century as more than 100 actors, dancers, singers and technicians create a magical evening for your whole family.

Gather clues from the colonists as you are immersed in epic battles, haunting Native American dances,



This historical marker near the site of the original Lost Colony describes the historical significance of the settlement.

elegant costuming, and beautiful music in this enormous stage production.

Recruited by Sir Walter Raleigh, among these settlers was John White, his pregnant daughter, Eleanor Dare, her husband, Ananias Dare, and the Indian chief Manteo, who had become an English ally during a previous visit in Britain.

They unloaded their belongings and supplies and repaired an old fort previously erected on the island. On Aug. 18, 1587, Eleanor Dare gave birth to a daughter she named



Actors portray the Native Americans who met the English settlers on North Carolina's Outer Banks.

story continues on page 16



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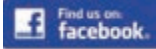

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In a scene from the drama, Native Americans are presented at Queen Elizabeth's court.

History's mystery

story continued from page 14

Virginia, thus earning the distinction of being the first English child born on American soil. Ten days later, John White departed for England promising to return with more supplies. It was the last time he would ever see his family.

Three years later, John White returned to Roanoke Island on his granddaughter's third birthday only to find the settlement deserted, plundered and surrounded by overgrown brush. On one of the palisades, he found the single word "CROATOAN" carved

into the surface, and the letters "CRO" carved into a nearby tree. White took the carving as a sign that the colonists had moved inland to Croatoan, the home of Chief Manteo's people south of Roanoke in the Outer Banks in present-day Hatteras Island.

Before he could make further exploration, however, a great hurricane arose, damaging his ships and forcing him back to England. Despite repeated attempts, he was never able to raise the funding and resources to make the

trip to America again.

Raleigh had given up hope of settlement, and White died many years later on one of Raleigh's estates, ignorant to the fate of his family and the colony.

The 117 pioneers of Roanoke Island had vanished into the great wilderness and into folklore.

For more information, call 252-473-6000 or write: The Lost Colony Outdoor Drama, 1409 National Park Drive, Manteo, N.C. 27954. ■

14

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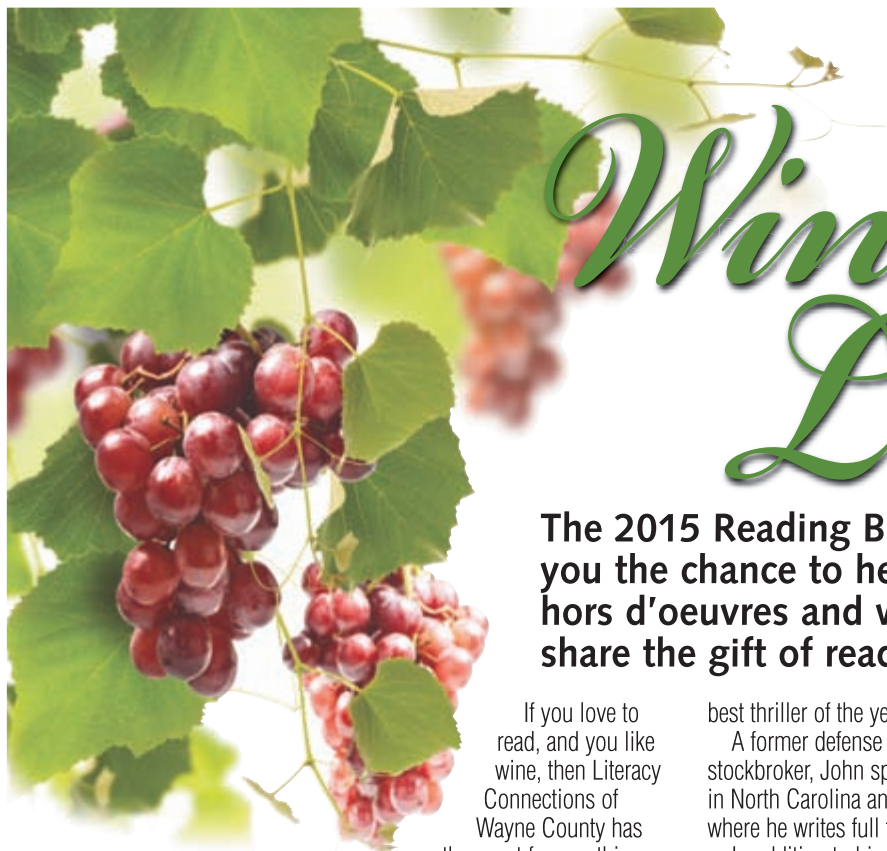
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The 2015 Reading Between the Wines benefit will offer you the chance to hear two distinguished authors, to enjoy hors d'oeuvres and wine, and to help Literacy Connections share the gift of reading.

If you love to read, and you like wine, then Literacy Connections of Wayne County has the event for you this September.

The organization is sponsoring its annual Reading Between the Wines event Sept. 12 from 5 to 7 p.m. at the home of Bethany and David Perry.

In addition to enjoying a chance to see the Perrys' beautiful home at 1906 E. Walnut St. in Goldsboro, visitors will be able to sample wines chosen by local experts Bob and Susan Crenshaw of HealthHabit.

And along with the gourmet hors d'oeuvres from local cooks for which the event is known, Reading Between the Wines is proud to announce that this year's selections will include delicacies from local restaurants, Ed's Southern Food and Spirits and Chef Herb's Bistro, which have generously donated their time and talents.

But as wonderful as they will be, the wine, the home and the hors d'oeuvres are not the main attraction at Reading Between the Wines. This event is about reading — and helping fund an organization whose goal is to make sure as many people as possible have the chance to learn how to do it.

A ticket entitles the bearer the opportunity to meet author John Hart.

Hart has written four New York Times best-sellers, "The King of Lies," "Down River," "The Last Child" and "Iron Horse."

The only author in history to win the best novel Edgar Award for consecutive novels, John has also won the Barry Award, the

SIBA Book Award for Fiction and the Ian Fleming Steel Dagger Award for

best thriller of the year.

A former defense attorney and stockbroker, John spends his time in North Carolina and Virginia, where he writes full time.

In addition to his presentation, participants will get the chance to talk with Hart and to ask him questions about his work. The author will also have books for sale — and to be autographed — at the event.

Ticketholders also will get the chance to enjoy the poetic stylings of Lenard Moore.

Moore, an associate professor of English at the University of Mount Olive, is also an accomplished essayist, writer and playwright.

In addition to his work as the director of the UMO Literary Festival, Moore was recently elected as the first African American president of the Haiku Society of America. Moore is also currently executive chairman of the North Carolina Haiku Society. He founded the Carolina African American Writers Collective and was co-founder of Washington Street Writers Group.

In 2014, he was one of six people to receive the North Carolina Award, his honor in recognition of his contributions to literature in North Carolina.

Moore will have collections of his poetry for sale and to be autographed at the event.

Reading Between the Wines benefits Literacy Connections — an organization that offers people from all walks of life literacy education through one-on-one tutoring as well as a series of other programs designed to give them the chance to change their lives.

And it has been very successful in accomplishing that goal.



John Hart



Lenard Moore

Hundreds of Wayne County residents have passed through the program since its inception — and now those students have the skills they need to find a job, to handle their affairs, and, in some cases, to do something as simple as read to their grandchildren.

The \$60 ticket is about what it costs to pay for one student's reading materials, instruction and success — so buying a ticket is the gift of reading for a local person.

Tickets will be on sale Aug. 1 at the Wayne County Library.

Space is limited, so get your ticket early so you don't miss this unique event.

For more information on Reading Between the Wines or Literacy Connections, call Executive Director Pat Yates at 919-735-1990.



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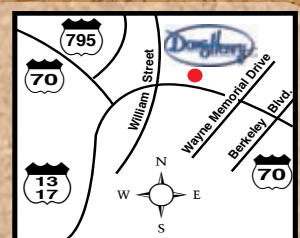
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The Triangle Soccer Fanatics enter the stadium chanting and waving orange checkered flags as they head toward their section near the front of WakeMed Soccer Park. As the game progresses, they blow loud horns, beat drums and use any other instrument available to distract the opposing team.

The Hawks' Nest

Story by Rudy Coggins
Photos courtesy of the RailHawks



Meet the RailHawks — North Carolina's version of World Cup excitement and English Premier League play. The pace is fast, the atmosphere electric and the game — one of the world's most popular.

Nestled among the tall pine and oak trees in the heart of Carolina sits a hidden treasure.

Fans of all ages flock here 15 nights during the spring and summer seasons to see some of the world's top soccer talent compete on a global stage.

Each fan has their own favorite player and cheers loudly when his picture is displayed on the big screen in one end of the stadium. But they're all here for the same reason — a passion for the vastly-growing game.

Who is the team, you ask?

The Carolina RailHawks.

At least two hours before kickoff, fans quickly fill one parking lot that's barely 30 yards from the entrance of WakeMed Soccer Park. They either open their trunks and pull out coolers, or some pull down the tailgates of their trucks and unload grills. Smoke fills the humid air, but is soon replaced by the delicious and mouth-watering aroma of burgers, steaks, sausage, hot dogs and barbecue ribs — just to name a few.

Kids kick around soccer balls or slip over to an open soccer field to play spirited 3-on-3 or 4-on-4 games before the RailHawks take the field.

Their stomachs filled and thirsts quenched, the fans walk toward the park. As they settle into their seats, they soon hear the chanting of two soccer-crazed fan

story continues on page 21



Come see the RailHawks play

Aug. 1 — Tampa Bay Rowdies, 7:30 p.m.
Aug. 22 — New York Cosmos, 7:30 p.m.
Sept. 4 — Atlanta Silverbacks, 7:30 p.m.
Sept. 26 — Ottawa Fury FC, 7:30 p.m.
Oct. 10 — Jacksonville Armada FC, 7:30 p.m.
Oct. 14 — FC Edmonton, 7:30 p.m.
Oct. 30 — Indy Eleven, 7:30 p.m.

Season tickets, flex tickets and single-game tickets are available. Numerous packages can be found on the website carolinairailhawks.com.



The Carolina RailHawks emerged as the North American Soccer League champions in 2011 and 2013. They own three consecutive victories over the L.A. Galaxy, which were led by then-captain Landon Donovan before his retirement

Team history

On July 19, 2006, the Carolina RailHawks were officially born — given the club name and badge at halftime of a match at WakeMed Soccer Park (formerly SAS Soccer Park). The club's name, the RailHawks, originated from a name-the-team contest won by Jarrett Campbell. The badge depicts a RailHawk flying over a set of train tracks. The RailHawks are owned by Traffic Sports USA and are a founding member of the North American Soccer League.

On Saturday, April 21, 2007, the RailHawks kicked off their first season with a 1-1 draw against the Minnesota Thunder in front of 6,327 at WakeMed Soccer Park. Kuponu Low opened the scoring for the RailHawks in the eighth minute, scoring the first goal in club history.



On this night players from the RailHawks and visiting Fort Lauderdale Strikers go through various drills as they warm up an hour before kickoff.



A fan from the Oak City Supporters offers his opinion on a referee's call close to their section in the end zone.



The Oak City Supporters organized just three months ago. The group sits in the end zone on the right-hand side of the net. The leader of the group starts chants with a bullhorn that echoed throughout the stadium.

The Hawks' Nest

story continued from page 20

groups — the Oak City Supporters and the Triangle Soccer Fanatics. They proudly wave an orange-and-white checkerboard flag as they enter the stadium dressed in vivid orange jerseys with their favorite player's name and number on the back. Most are armed with vuvuzelas (loud plastic, ear-busting horns), drums and other instruments they use to intimidate players from the opposing team. The TSFs are near one end of the stadium and cheer loudly, which makes verbally communicating on a corner kick near impossible.

Fans can also sit in the newly introduced 12th Man section.

The atmosphere gives you the flavor of either a Major League Soccer, English Premier League or World Cup game — but on a slightly smaller scale.

Carolina competes in the North American Soccer League and won league titles in 2011 and 2013. The RailHawks also hold the distinction of beating the L.A. Galaxy, led by then-captain Landon Donovan, in three consecutive MLS Cup games.

Donovan has been quoted as saying he "hates losing to Carolina."

President Curt Johnson said the RailHawks are the longest-running tenant at the park, which played host to a

Women's Professional Soccer League team in the early

2000s. The NCAA College Cup, Atlantic Coast Conference men's and women's championships and the N.C. High School Athletic Association state finals have also been contested on the manicured pitch.

WakeMed Park is a friendly — and safe — facility where everything is accessible. Handicapped seating can be found in three sections in the end zone closest to the gate. Food vendors are located on one side of the stadium, while the Hawk's Nest — the main food outlet — is on the opposite side.



At the Nest, all orders are made to match the person's preference, especially those who eat a gluten-free diet. The menu includes four signature items:

- The World Cup — a signature backyard bistro BBQ pork pulled sandwich;
- The Shootout — a quarter-pound burger;
- The Slide Tackle — an all-beef hot dog or Classic Carolina red hot dog;
- and In the box — fried chicken tenders.

Of course, there are other enticing items such as a gourmet cobb salad, beef tacos, the always-popular corn dog on a stick, cheese and cracker tray with grapes and Italian sausage with peppers and onions.

The Nest has a large picnic area with plenty of seating. Most fans visit either before the game at or halftime. They don't want to miss the action since



story continues on page 22



Are you hungry? There's plenty of food at The Hawk's Nest, which is located on the opposite side of the main gate. Your food is cooked to order to help meet your dietary needs. The Nest has a variety of specialties to whet even the heartiest of appetites. Fans can dine on numerous picnic tables and tents set up on that side of the stadium, but most head back to their seats so they don't miss a minute of action on the soccer pitch.

The Hawks' Nest

story continued from page 21

goals can occur in a split second.

Fans can also purchase a variety of souvenirs at booths on either side of the stadium.

But, there is more to the Carolina RailHawks organization than its game-day atmosphere that draws fans from all regions of the Old North State.

Johnson said one way to grow the sport is to introduce the players to the youth soccer community through the "Spread Your Wings Charity." The program focuses on serving children of the Triangle community through various programs promoting soccer and teaching the children the importance of healthy living and being active. The Railhawks have conducted weeklong soccer camps, local soccer clinics, visits to elementary and middle schools and hosted the "Kick for Kids" Night presented by PNC Bank.

Johnson said the RailHawks have more than 20 written partnerships

with youth soccer clubs in the Triangle area.

"Our players are really good

about being in the community," Johnson said. "It's part of their professional contract (where) they have appearances and they oblige. It's not like we're forcing them to do so, but the bottom line is it's a planned part of our business."

Johnson said the team has a Capital Area RailHawks Academy which deals with multiple-age groups that compete on an elite level. Plenty of youth camps are conducted, including the challenging ET 360 program.

ET 360 is an innovative and unique soccer-specific, cross-training workout available during the offseason. The curriculum is developed by the RailHawks' professional technical staff and incorporates a combination of exercises that focus on developing explosiveness, rhythm, form, agility and coordination with and without the ball.

The indoor workouts are done to energizing music playing in the background.

Soccer undoubtedly remains in its early growth stages. Teams like the Carolina RailHawks can fuel that passion and maybe one day a North Carolina player just may return home to play in the friendly confines of WakeMed Soccer Park in a Carolina uniform. ■



Weekday attendance is between 5,000-6,000 fans depending on the weather and time of year. This mom and daughter take time for a "selfie" to remember their experience at a professional soccer game in the heart of Carolina.



A state-of-the-art scoreboard stands at one end of WakeMed Soccer Park. Messages welcome the crowd to the 10,000-seat facility. Players from the RailHawks' starting lineup appear on the board and draw cheers from the crowd when introduced. Be careful though, a "fan cam" is hidden in different parts of the stadium and you just may see yourself. And be quick if you want to take a pic of yourself.



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The Capital Area Greenway System is a network of public open spaces and trails connecting Raleigh's parks and enhancing the opportunities for recreational activities in the parks as well as transportation between them. It began in 1974 when the residents of Raleigh became concerned about rapid urbanization and growth in the area.

There are 28 system trails spanning more than 100 miles, each with unique destinations and features.

Here are a few of those trails, including the Reedy Creek Trail, which connects to the North Carolina Museum of Art.

Abbotts Creek — Follows Abbotts Creek from the Neuse River Trail to Simms Branch Trail near the intersection of Durant Rd and Cub Trl.

Beaver Dam — A natural surface trail located adjacent to Beaver Dam Creek between Wade Ave and Devonshire Dr that passes through Windemere Beaver Dam Park.

Centennial Bikeway Connector — A multi-purpose path adjacent to Centennial Pkwy on the NC State University Centennial Campus and on the south side of Western Blvd.

Honeycutt Creek — Follows Honeycutt Creek from Raven Ridge Rd to Strickland Rd. The trail section from Raven Ridge Rd to Durant Rd is unpaved

and limited to foot traffic only.

Also, be aware that seasonal bow hunting occurs on this property. Orange vests will be provided for use during these times.

House Creek — Follows House Creek along the I-440 beltline between the Crabtree Creek Trail at Crabtree Valley Mall and Reedy Creek Trail at Wade Ave.

Neuse River — Follows the Neuse River south from Falls Lake Dam to Wake/Johnston county line.

Reedy Creek — Follows Reedy Creek Rd from Umstead State Park to the North Carolina Museum of Art and Meredith College Campus.

Richland Creek — Follows Richland Creek from the PNC Arena through Schenck Forest to Umstead State Park.

Rocky Branch — Follows Rocky Branch from the intersection with Walnut Creek Trail to Reedy Creek Trail on the campus of Meredith College.

Simms Branch — Follows Simms Branch from the intersection with Abbotts Creek Trail on Cub Trl to Durant Nature Preserve.

Walnut Creek — Follows Walnut Creek northwest through southeast Raleigh from the Neuse River Trail to Lake Johnson.



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"Gyre" by Thomas Sayre creates an optical illusion over the Capital Area Greenway. The ellipses were made of concrete, colored with iron oxide, reinforced with steel and mottled with dirt from earth casting in 1999.

Art and a park...

Story by Kirsten Ballard
Photos courtesy of the
North Carolina Museum of Art

The N.C. Museum of Art's garden includes more than just art for the eye of the beholder. It is a place to enjoy the beauty of the outdoors as well.



At night, the lit West Building reflects off the lily pond in the Rodin Garden. Tour the art park for free during daylight hours throughout the year.



Bronze sculpture "Large Spindle Piece" by Henry Spencer Moore stands near the East Building.

Spend a warm August day getting lost in the Museum of Art's expansive trails and gardens.

The 164-acre park is free to explore and open during daylight hours.

Bikers, runners and children on scooters convene on the paved trails for an afternoon of exercise and fun.

Pets are allowed on the paths, but be sure to pick up after your animal.

For the mild-walker, try the Blue Loop, sponsored by Blue Cross Blue Shield, for a short mile of cardio, culture and nature. The loop was added in the spring of 2013 and considered the most popular trail.

Steven Mendelsohn took to the Blue trail after a morning in the museum with his family.

The native New Yorker says he spent his life at the Met.

"I'm a little jaded when it comes to the arts," he said. "But this is OK!"

You can take a free cell phone tour while on the trail, learning about the sculptures that dot the path, creating intrigue every few 100 yards.

You can learn about Vollis Simpson, creator of the Whiligig Park, seen in July's edition of Go. He has a wind machine that towers above the ground, catching the sun and wind.



"The Three Shades in the Rodin Garden" stands over a lily pond outside of the West Building. The statues are a reference to Dante's "Inferno." The pond is one of several water landscapes that can be enjoyed during a walk through art in the park.



Henry Spencer Moore's "Large Standing Figure: Knife Edge" stands in a gravel garden surrounded by trees. The statue is between the West and East buildings. It is one of 23 pieces of art found outside in the park.

story continues on page 26

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Ursula von Rydingsvard's "Ogromna" is outside of the West Building at the North Carolina Museum of Art. It is made of honeycombed layers of cedar blocks. The artist made it as a reference to rocky cliffs of a landscape.

Art and a park...

story continued from page 25



Guests to the museum enjoy the outdoor amphitheater. Concerts and performances are offered throughout the year.



Audiences take in "Kung Fu Panda" in the outdoor amphitheater. Find a variety of upcoming performances on the museum's website at www.ncartmuseum.org

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Shortly after the wind tower, you will stumble upon Thomas Sayre's "Gyre." The three rings were made in 1999. It is part of a surreal Clearscape movement by Sayre. The rings straddle the Capital Area Greenway.

The massive rings were cast in the earth and lifted by a crane to their home along the greenway.

The rings seem to decrease in size but are actually the same dimension. It is an optical illusion creating a spiral of rings.

Guests are asked not to climb on the sculptures, but some of the designs are more interactive and allow for some play.

The "Cloud Chamber for the Trees and Sky" by Chris Drury, 2003, acts as a pin-hole camera. The roof makes an inverted image on the floor of the chamber, turning your perspective upside down. Instead of looking up at the trees and sky, they're at your feet.

Along the Blue loop, you can go into a wooded area for Tom Shield's "Forest of Chairs," where dining chairs are affixed to trees.

Lindsey Dougherty of the Museum Park Department says the landscapes were designed to reflect different regions.

The Blue Loop takes in many different landscapes, including woodland,

prairie and a pond.

One of the pools has lilies while the other is home to water lotuses.

There are three miles of walking trails behind the museum. The trails link up with the Capital Area Greenway, connecting the museum to Meredith College and Odum Village in Raleigh.

A significant amount of museum traffic comes from Greenway.

"You can take a short walk or a longer hike," Ms. Dougherty said.

With 164 acres of natural beauty and artist additions to discover, grab some sunscreen and water and explore the art in the park. ■

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Come on over to Andy's house

Story and photos
by Steve Herring

Former county commissioner and history buff Andy Anderson is preserving the past at Waynesborough Park — one window, one door frame and one board at a time.

Just shy of his 80th birthday, Andy Anderson jokes that his next project after restoring a 1744 house at Waynesborough Park will be retirement.

But minutes later the talk of retirement has been forgotten and Anderson becomes excited as he talks about long-range plans to build a museum behind the house.

"I just like history and I see that it is disappearing, like this old house," he said. "The old authentic artifacts are disappearing. It is the only dog trot house I know of."

"The wood on the porch, the front of the house, the side of the house, the flooring, the walls, they are all original. Everything is original 1744. There has been a little modification since then. We will put them back as modified because as the family grew that is what they did. But these two rooms and the hall will be kept as close as we can to the original time."

A section of wall on the back area of the house is a false wall. The plan is to install handicap accessible doors with a ramp and walkway leading to Waynesborough Park.

A sliding handicap door and fire door would be installed where the back door would be leading into what would be a 75-foot by 75-foot vault that would include museums for the Civil War era and a Native American collection.

Anderson is already working to line up donations for both.

The first 25-foot by 75-foot area would include an office, security, a small theater and storage area.

"The plans are all drawn and approved by an engineer," he said. "It is ready to go. All we need is money. I would need about \$1.7 million. That is to build the building and have a little bit of operating capital for the first year."

Anderson said he has someone who is ready to start a fundraiser. But for now that remains a dream; the reality is competing the 1744 house by the end of the year.

The house would probably be open four or five days a week and someone would be there to talk about its history.

"I am using this piece (of park property) because it is

story continues on page 29



Andy Anderson stands on the porch of the 1744 dog trot style house that he has been working to restore over the past 25 years. The house has been moved to the site of an old brick plant on property at Waynesborough Park. Anderson hopes to have the work completed by the end of the year.



Anderson stands at the back door of the old house he is restoring at Waynesborough Park. He envisions that one day the land behind the house will include museums where Civil War and Native American artifacts can be displayed.



Anderson takes a call on his modern cell phone while sitting on an 18th century rope bed complete with a straw mattress and old quilt.



One of the chairs in the 1744 house has a seat made of dried deer hide.

Come on over to Andy's house

story continued from page 28

right where something was historical with the old brick factory," Anderson said. "When the Civil War ended, remember there were 32 (Union) generals stationed here in Goldsboro because there was no fighting here.

"One of the generals, I can't prove this, but I understand that one of the generals liked the area so much that when the war ended he came back here and lived here."

The general was aware that the old village of Waynesborough had been burned down and that the clay in the area would make good brick. He bought the land and opened a brick-making plant.



The old-fashioned wavy glass in this mirror casts an almost funhouse mirror type reflection of Andy Anderson as he checks the straw mattress on the old rope bed.

The work crew that dug the trench to run a power line to the old house had to dig through long-buried bricks as well as the ground.

"Once electricity is in I can start moving things," Anderson said. "That has been the big holdup. I have most of the furnishings that I am going to get. A few pieces aren't quite period so I have just got to substitute pieces as close as I can get.

"As I find new pieces I will purchase those and then take out the others and sell them the best that I can get for them. I need an old oval rug for the area where the rocking chair will sit."

To keep the illusion that the house is as it was in 1744, efforts are being made to hide any sign of electricity. That includes using oil lamps with frosted

lenses so that the low-wattage LED bulbs can't be seen.

Anderson has been working to restore the house for nearly 25 years, ever since it was given to him by the Howell family with a caveat that he restore it.

Anderson took on the challenge because of his love of history and desire to save a disappearing piece of Americana.

"The old houses like this, they are falling to the ground," he said. "As a matter of fact, the porch and back section of this were on the ground. But the original section was in pretty darn good shape because it is old pitch pine, but the tin was going and I knew if the tin went that would be the end of it."

All the restoration has been done with heart pine, Anderson pointed out, just like the original building.

Anderson and his wife restored the porch.

"We put everything back just like it was," he said.

The front door is not the house's original door, but is an original period door. A modern lock has been added for security.

Anderson had to replace several old pitch pine boards that vandals had taken off the front of the house and from one of the inside rooms.

Walking through the front door, both rooms are identical, he said.

The room on the right has a period rope

bed, a 1740s table, a wavy glass mirror gives a fun-house appearance to the reflection, and all of the windows have wavy glass common to the period.

A rough-hewn handmade cradle is in the room that has a door leading into a smaller room that was probably a child's bedroom.

The other full-size room has a child's rope bed that would actually roll under an adult bed, a chair with a seat made from deer hide and a working spinning wheel donated by B&S Antiques.

"We have had a lot of help from the public already," Anderson said. "People are always bringing items to the park asking if they can be used. More often than not they can. But for the house, items from 1744 to the Civil War period I could really use.

"It is hard to get donations for something like this because people say the government does that. Well, the government doesn't do that. It is all done private. We get some help. All done so far through donations but still not enough to do all of the things we want to do." ■



The muslin curtains in the house were made by Anderson's wife, Dawn. The window looks out toward the Waynesborough Park office. The trench seen through the window was dug in order to hide a power line to the house.

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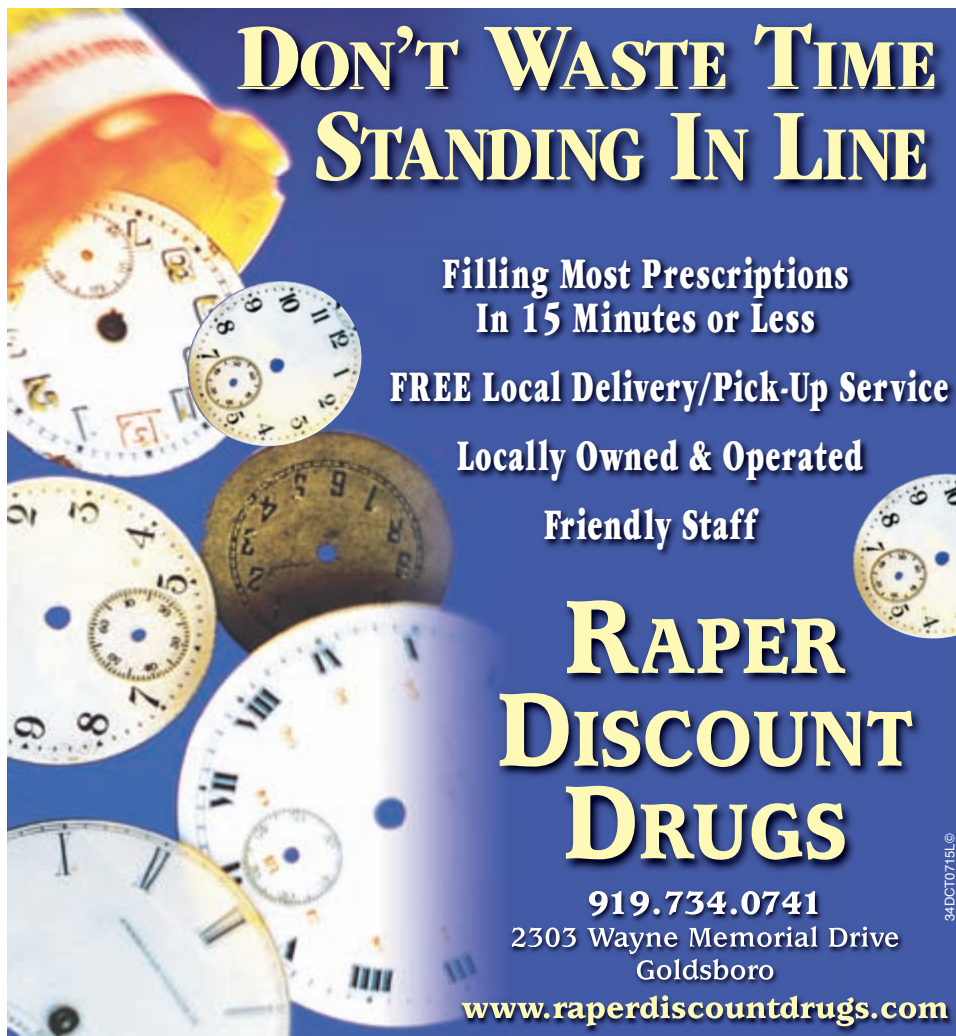
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Artist in Residence



A cup of soybeans

You never know whom you will meet as you travel the highways and byways of life — and what kinds of stories they will have to tell.

And it is inevitable that when you take the time to know someone, they just might have something to teach you as well.

Here is one of my stories.

I was about 13 years old. An old man had moved into an old farmhouse about a quarter of a mile away. He would help the man on the farm when he was needed and he had to walk everywhere he went.

I had my bike to ride, and being a nosy teenager, I would stop to see him now and then.

I stopped by one evening late and he was eating supper at a small table over in a corner. All he had to eat was a few fried 'taters. I saw how little he had to eat, so I started bringing him fresh milk and butter.

I stopped by one day and when I knocked on the door I

could smell coffee. It smelled so good. I asked him what kind it was. He said he found a bag of soybeans in the old barn behind his house. They were a lot bigger back then. He parched some in his oven and ground them in his coffee mill.

It was the best coffee I ever had.

Who would have thought a little sharing and a little conversation would have introduced me to something brand new — and a real taste treat.

Of course, that was a long time ago — the tree in this picture is the only thing left there now. It's located at the end of Ashville Road, beside Highway 222.

But you know, even though the landmark is gone, the memory remains.

I can still smell that coffee when I pass by that old oak tree, which is often. I still live where I did then. Could it be just in my mind, you reckon?

Kermit Wall is a local painter. He specializes in scenes from his memories of his life as a young man, as well as some of the stories he has heard over the years. Does one of his pictures strike up a memory?

Send your comments or notes to Mr. Wall at GO Magazine, P.O. Box 10632, Goldsboro, N.C. 27534.



Kermit Wall



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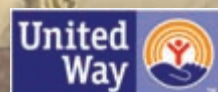
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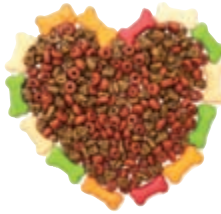
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A boy and his dog



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Pawprints on our hearts... Paw-sitively playful

There's nothing like the chance to play in the park — and in Kinston, fun has definitely gone to the dogs.

There is a little bit of heaven for Fido and Rover just minutes away.

The Rotary Dog Park in Kinston gives pets the chance to run off leash in three fenced-in areas. There are two ponds for them to visit. And their humans can even get a little exercise walking the dogs around the park.

The dog park opened in 2010. Before that, it was just a piece of land growing weeds.

"This was a junkyard," said Bill Ellis, director of Kinston/Lenoir County Parks and Recreation Department, which maintains the park. "After Hurricane Floyd in 1999, the state bought it and got rid of all the junk cars on the land. It just sat back here, and had gotten ugly looking.

"We decided to do something to dress it up. The Rotary clubs in Kinston did fundraisers to raise money to build it. It grew a lot bigger than we thought it would. We've added some things every year."

Ellis said it's a good place for dog lovers to be able to meet other people and to talk about their pets.

"And it's a good place to bring your dog, especially if you live in an apartment or a neighborhood where your dog can't get off leash and just run," he said.

Ellis said the most popular times for people to be at the dog park are in the morning when it's a bit cooler and starting after work anywhere from 6 to 8:30 p.m.

"Spring is the most popular season because people get shut up in the winter time and ready to come out," he said. "So the prettiest days in spring you'll see 30 or 40 dogs here at one time."

The Rotary Dog Park has many features just for pets and



The Bow-wow-wow

The dog park is open until dark every day with various events planned throughout the year.

If you'd like to find out when an event will be held, you can call Kinston/Lenoir County Parks and Recreation Department at 252-939-3335 or log onto www.kinstonpark-sandrec.com.

Everything at the dog park is free to use.

The Rotary Dog Park is located at 716-722 Old Pink Hill Road. Take U.S. 70 East and take a left to N.C. 11/55 South. The dog park will be on the right.

You can take your dog in, take his leash off and let him run. Benches inside each area provide a place for humans to sit and watch their pet.

Then there's the fenced-in obstacle course. The Kinston police and sheriff departments even take their K-9s there to train on the see-saw, hoops, zigzag course and more.

"When I ride by, I see as many people on the obstacle course as I do dogs," Ellis said. "It was designed for dogs, but people enjoy it, too. The kids to run through the zigzag course to see what brother can beat what sister. You see a lot of people trying to show their dogs how to use it, so they're running up and the dog is just looking at them. The dogs are training the people."

In the back of the dog park, you'll find two



A hill bears the Rotary International seal that has been displayed since the park's opening in 2008. Iron decorations have since been added.



The Rotary dog park agility course features hoops, an open tunnel and a variety of climbing obstacles for dogs of all sizes and skill levels. Events are held throughout the year to allow dogs to compete.

their humans.

There is a large fenced-in area that's 150 feet by 150 feet and a smaller area that's 75 by 75 feet.

big ponds. Ellis said people go there frequently to train their Labradors and retrievers and other dogs.

"We hold 10 AKC hunt tests every year back there," Ellis said. "We have a hunting grounds to fetch and throw the decoys. The largest tests have been with about 350 dogs, coming as far away as Minnesota, the most expensive dog here at the tests being worth \$55,000. That's an expensive dog that they brought here. It was a Chesapeake."

A walking trail winds around the dog park.

"The idea there was that you could come and have a nice place that humans could exercise along with their dogs," Ellis said. "It's a half mile trail. It goes all the way around the park."

Toward the back of the park is a pet memorial garden, dedicated to longtime Lenoir County veterinarian Dr. Ray Randall. His children built the memorial as a place where people can bury their pet's ashes and buy a brick



Story by
Becky Barclay
Photos by
Casey Mozingo

story continues on page 34

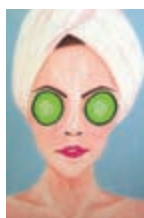


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Jackie Sporic and her daughter Abigail, 6, splash around with their caique bird and two mallard ducks in Webb's at the Rotary Dog Park in Kinston. The Sporic family frequents the park with their bird and three dogs. The ponds on the property are designed to allow pups to splash away safely.

Paw-sitively playful

story continued from page 33

as a memorial to them.

"You have to have your dog cremated at a veterinarian, then you bring their ashes to us at Parks and Recreation and we can do a brick in their honor," Ellis said. "The dog's ashes are buried under the bricks in the memorial garden. There are also brick pavers with the dogs' names, just like a cemetery. We've got about 30 or 40 buried there. It's \$100 to buy a brick and honor your dog and \$125 if you also want to bury their ashes."

There's even a police dog from the Kinston Police Department buried in the pet garden.

But the most unusual request was for a little Chihuahua named Juicy.

"It was the Granger High School mascot, and was killed June 13, 1943, when it got run over," Ellis said. "When the athletic teams would come in late at night, the Chihuahua would come running out to meet them. They made a small stone monument to honor the dog. They wanted a permanent place to put it."

"They put a monument in front of the flagpole. When they closed the high school, a guy took the monument and had been looking for a place to put it. So he brought it to the dog park. We're going to mount it in the pet memorial garden."

Ellis hears a lot of touching stories when people take their dog's ashes to the pet garden.

Across from the pet memorial garden is a big picnic pavilion.

There are even two bathing stations for dogs. They climb up two steps and get on the table where owners can wash them off.

"Everything you need for your dog, we've got," Ellis said.

And there are also bathrooms for owners.

Carla Famularo has been going to the dog park since it opened. The 63-year-old takes her 1-year-old Shihpoo (part ShihTzu, part poodle) puppy Willie there frequently.

"I had other dogs that I brought here before they died," Ms. Famularo said. "I just love it here. It's fabulous. You can turn your dogs loose and they're safe. They don't get into trouble."

She said she and Willie walk on the trail a lot.

"He can be turned loose and find out what it's like to just run," Ms. Famularo said. "He gets to visit with other dogs. If he gets thirsty, there's a water pump for him to get a drink."

"Depending on the time of year, we stay up to an hour. I walk a lot more, too, by bringing him here. This is just wonderful."

But before taking your dog to the park, make sure he or she will get along with the other dogs, Ellis cautions.

"You can bring any kind of dog here," he said.

"If it's in the park, it has to be on a leash. In the fenced-in areas, it can be off leash. And you dog has to have had all its shots."

"The dog needs to be friendly with other dogs. So far we haven't had any problems with that. It's a large enough park that the dogs can spread out. And people seem to be conscious about whether their dogs are behaved or not." ■



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Last month's winner is: LISA BEDFORD

Lisa correctly identified the photo in the June edition as being Pelican SnoBall on Berkeley Boulevard. Congratulations to the winner!



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Story by Kirsten Ballard
Photos by Melissa Key

a bicycle built for touring

If you really want to see the sights in historic Beaufort, pedal along with Hungry Town Tours. (Foodies are welcome, too.)

The historic homes of Beaufort and gently lapping water belong in a novel.

In fact, author Nicholas Sparks has capitalized on the picturesque coastal town for his popular books. In February, "The Choice" will premiere in theaters nationwide.

But before sitting in a theater, sit on a beach cruiser and take in the sights first hand — it will be a "ride to remember."

Betsy Cartier and her husband, David, host Hungry Town Tours of the historic waterfront town.

"If you start your tour with us, you get ahead of the learning curve," she said.

With one of the walking or biking tours, you will receive personalized recommendations of what to do, see and eat while in the Hungry Town of Beaufort. You will also learn a nice blend of folklore, local legends and facts about the town.

The Cartiers were awarded a 2015 TripAdvisor Certificate of Excellence.

There are several tour options to choose from including Early Morning Risers Tour, to get your day off to an informative start; Legends of Lore and Sea, with tales of Blackbeard and military war heroes; A Ride to Remember, based on the scenes in "A Walk to Remember" and "The Choice" by Sparks; and Hidden Beaufort, a tour of the historic homes in New and Old Beaufort.

These tours last an hour and a half and cost \$20 per rider.

For the foodie, there are culinary tours to choose from: the Beaufort Culinary Tour, North Carolina Shrimp Tour, the Oyster Tour, the Beaufort Lunchbox Tour with picnic lunch, and the Bike, Brunch and Bubbles champagne tour. There are also wine tasting tours or the option to Bike with the Bride as a bridal party.

The culinary tours cost \$69 per person and take the bikers to different farm to fork, fresh restaurants. They last three hours.

"We love food," David said.



One of the highlights of the historic tour is stopping by the grave of a young girl who died of yellow fever while sailing to London and was brought by her father back to Beaufort in a rum barrel. People who visit the grave often leave mementos in her honor.

The Cartiers hope to provide environmentally friendly options for people who love the outdoors.

The rides take place on beach cruisers with foot brakes. The bikes are single speed, and the company advertises that anyone who has ridden a bike can do the ride.

The ride is not strenuous. It is broken up by water breaks and informative tidbits about the houses, horses and burial grounds of Beaufort.

The bikes are given names and

story continues on page 37



Betsy Cartier hosts a historic bicycle tour of Beaufort by the shore as guests Valerie Murphy and Bryan Daugherty of Ohio alongside Talbott and Lee Ingram listen to hear about the town's hidden treasures.



The Hungry Town Bike Tour is known for fun beach cruisers with names such as "Sea Salt" and "Trout" that allow bikers at all levels to take in the beautiful scenery during the relaxing ride.



A group taking the Hidden Beaufort makes a stop at the historic burial ground to tell the town's most well-known tales.



The Hidden Beaufort bike tour includes a ride through both Old Beaufort and New Beaufort to see the historic homes in contrast to newer additions.

a bicycle built for touring

story continued from page 36

and burial grounds of Beaufort.

The bikes are given names and sport North Carolina license plates with names like "Trout" and "Lavender."

Lee Ingram was just passing through with her husband, Talbott. They are from New Jersey.

"We like taking a few tours," she said. "These bikes are fun, I get a kick out of them."

The Ingrams signed up for the Historic Beaufort tour to learn a little more about the town.

The bikes have baskets up front for water bottles, purses and cameras. The men's bikes have a cup holder.

Before leaving the Hungry Town Guided Tours office, Betsy hands each rider a chilled bottle of water.

The highest point on the tour is only 12 feet above sea level.

It is a bike-friendly town.

Helmets are not required, but they have spare helmets in case you feel more comfortable in one. Riders younger than 16 are required to strap into a helmet.

Betsy urges her guests to watch for cars backing out of the spaces on Front Street. The caboose of the riders is instructed to call "Car back!" if there is a car following the riders, so they can move over and the car can pass them.

Betsy charts her tours daily to keep the riders out of the wind. That being said, women with longer hair should plan on bringing a hat or hair tie.

The rides start off in the side parking lot, where riders can adjust their seats and practice pedaling if it has been awhile.

Across the water, wild horses roam the Rachel Carson Reserve.

"I point out a lot of bushes as horses," Betsy laughed.

On the Rachel Carson Reserve, there are about 30 horses. After a tour, Betsy recommends guests tour the island or Shackleford Banks to witness the wild horses abandoned by Spanish explorers.

The first stop on the Hidden Beaufort tour is the Hammock House. It was originally built in 1709.

There were some changes before the 1970s, when a plaque was affixed to the front, permanently freezing changes when the historic house was preserved.

It is said that Blackbeard stayed at the house. The old home is drenched in ghost stories and folklore.

There are legends of Blackbeard hanging a cheating spouse from one of the giant oaks in the front yard. Others tell of Union soldiers buried under the front stairs; blood reappears on the staircase inside.

The current owners are not bothered by the tales. They have lived in the house for 20 years. Betsy respectfully guides bikers

behind shrubs, to not disturb the owners on the porch.

The bike tours are the only way to see the house. Walking tours cannot access the house without the sidewalks and the road is too narrow for buses.

Betsy's favorite part of the house was its debut in the Sears catalog for Weatherbeater paint. Firemen sprayed the house with hoses and Sears hired giant fans to recreate a hurricane.

"Technology has come a long way," Betsy said, laughing as she begins to pedal to Ann Street, or what she calls the "artist block."

One house boasts the best collection of shells, collected from Shackleford Banks, the conch shells decorate the front porch.

Betsy points out a yard full of "neat" sculptures for sale by another local.

Along the way, she points out historic homes that sport the Duke of Beaufort coat of arms plaques, celebrating being 80, or 100, years old.

She stops in front of the burial ground to share more history and legends. The yard is shared by different churches. The graves are covered or weighted, as a precaution against flooding.

One grave is particularly famous.

A small, child-sized grave is decorated with beads, toys and shells.

It is the girl in the rum barrel.

The girl accompanied her father to London, on the promise he would return her to Beaufort, where her mother waited. She was 11 when she began her journey.

On the return trip, she succumbed to yellow fever.

"As was the day, if you died on the ship, you were thrown overboard," Betsy told her audience.



Old Beaufort has a variety of historic homes with unique stories behind them including this one which was built from the wood of a boat.

"He could not do that, as he promised his wife he would bring her home. He purchased a barrel of rum to preserve her body, to bring her back to Beaufort for burial."

The grave is a popular stop on tours. Children leave gifts to help her soul.

"They leave them on the grave for a period of time, because people are in town for a while, and if a child goes through that trouble, they want to make sure it is there," Betsy said.

All of the graves face east, awaiting Resurrection Day. But one grave is decidedly faced away from the North.

It is a Confederate soldier's last slur against the North.

"If you ever have time, just walk through and read the graves," Betsy urges.

When the bikes are back on the boardwalk, there is a choice of homemade fudge or ice cream as a post-ride snack from neighboring shops, though if you take a culinary tour, you won't have any room.

Call 252-648-1011 to make your reservation. The tours are offered year-round. ■



Betsy Cartier laughs as she tells a funny story to start off a Hungry Town Bike Tour in which she gives guests the inside scoop of what to do in town as well as some important history.

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a kernel of deliciousness



Grill it, steam it, eat it on the cob — nothing beats fresh summer corn. Here are some simple and delicious ways to prepare it.

Grilled Corn With Cheese and Lime

- 8 ears corn, shucked
- 1 tablespoon olive oil
- kosher salt
- 1/2 cup crumbled queso fresco (fresh Mexican cheese) or Feta
- 1/4 to 1/2 teaspoon cayenne pepper
- 2 limes, cut into wedges



Heat grill to medium-high. Brush the corn with the oil and sprinkle with 1/2 teaspoon salt. Grill, turning often, until tender and charred, five to seven minutes.

Sprinkle the corn with the cheese and cayenne. Serve with the lime wedges.

Brown Sugar-Glazed Pork and Grilled Corn

- 1/4 cup Worcestershire sauce
- 2 tablespoons brown sugar
- 1 pork tenderloin (about 1 1/4 pounds total)
- kosher salt and black pepper
- 4 ears corn, shucked
- 2 tablespoons unsalted butter
- 2 sliced scallions

Heat grill to medium-high. In a small bowl, mix together the Worcestershire sauce and brown sugar.

Season the pork with 1/2 teaspoon salt and 1/4 teaspoon pepper.

Grill the pork, turning often, until the internal temperature reaches 150 degrees, 20 to 25 minutes. Brush with the Worcestershire mixture during the last five minutes of cooking. Let rest for at least five minutes before slicing.

Meanwhile, grill the corn, turning occasionally, until slightly charred, six to eight minutes.

Cut the kernels off the cobs, place in a bowl, and toss with the butter, scallions, 1/2 teaspoon salt, and 1/4 teaspoon pepper. Serve with the pork.



Savory Corn Cobbler

- 12 tablespoons unsalted butter, plus more for the dish
- 1 jalapeño, minced
- 4 scallions, sliced
- 4 cups fresh or frozen corn kernels
- 1 cup low-sodium chicken broth
- 1 1/2 cups heavy cream
- 1 1/2 teaspoons kosher salt
- 1/4 teaspoon black pepper
- 2 cups flour
- 1 tablespoon baking powder
- 1 tablespoon fresh thyme or 1 teaspoon dried
- 1 cup whole milk



Heat oven to 375 degrees.

In a skillet, over medium heat, melt 2 table-

spoons of the butter. Add the jalapeño and scallions. Cook for three minutes. Add the corn and broth. Increase heat to medium-high and cook for four minutes. Turn off heat. Stir in the cream, 1 teaspoon of the salt, and the pepper. Pour into a buttered 9-by-13-inch baking dish.

In a large bowl, com-

bine the flour, baking powder, and the remaining salt. Using two knives or your fingertips, add the remaining butter, cut into small pieces. Mix until it resembles crumbs. Stir in the thyme and milk. Drop heaping spoonfuls of the batter on top of the corn mixture. Bake for about 50 minutes. Garnish with fresh thyme, if desired.



Add health screenings to back-to-school checklist

As summer vacation winds down, thoughts turn from jaunts to the beach to readying for a new school year. To-do lists include many of the typical tasks that precede going back to the classroom, including shopping for new clothes, purchasing school supplies and finishing summer reading assignments.

Another essential requirement parents must find time for is completing their children's health screenings and immunizations so youngsters can return to school.

Health screenings may include, but may not be limited to, routine physical exams, eye exams and dental cleanings. Each school district may have its own set of health requirements that must be met in order for children to attend school.

Many schools require that children are up-to-date with all immunizations before they can begin a new school year. While the issue of vaccinations has inspired debate in recent years, parents should recognize that many schools will only

exempt students from receiving certain vaccinations due to religious reasons. For a list of state vaccination requirements and possible exemptions for schools in the United States, visit

www2a.cdc.gov/nip/schoolsurv/schlmmRqmt.asp.

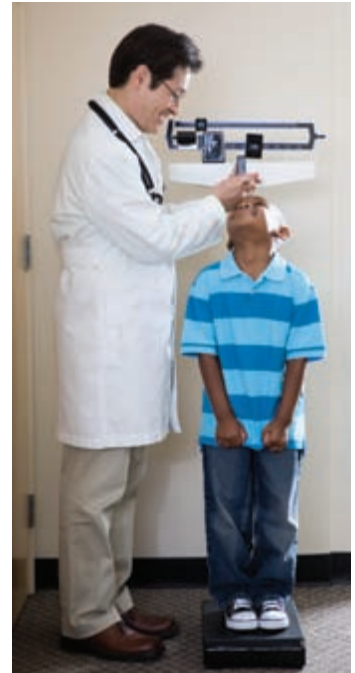
Students who have specific learning disabilities or medical conditions that require classroom modification should obtain recent documentation from any therapists or specialists prior to beginning a new school year. Doing so facilitates the process of setting up procedures within the school while ensuring children have what they need to excel in the classroom. All parents may want to ask doctors to provide copies of medical and immunization records so that schools will have the most recent copies on file.

Parents should schedule eye examinations well in advance of the first day of school so they have ample time to fill new prescriptions for youngsters before school

begins. This ensures kids won't be starting off on the wrong foot because of vision problems that could already have been addressed.

Parents of adolescents or students on the verge of adolescence may want to address the subject of bodily changes before the school year begins anew. Address which changes can be expected, including the start of menstruation for girls. This will help children better understand what is happening when they witness changes in themselves and fellow classmates and give them a chance to receive accurate information rather than gossip from their peers.

Keep in mind that health screenings conducted in advance of the school year may not preclude students from school-sponsored screenings. Schools may offer their own vision and hearing screenings and may take physical measurements to ensure students are growing on schedules in line with normal development.




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